



Community Update



TAIN & DISTRICT
DEVELOPMENT TRUST

Empowering Our Community



18-20 Stafford Street IV19 1AZ | info@tainddtrust.com | 01862857185 | SC 049861 |

www.tainddtrust.com | Open Monday to Friday from 9am until 5pm



Community Update

News | Information | Useful Numbers



Meals on Wheels

Are you over 70 years of age?
Would you like **Meals on Wheels**
Tues and Friday each week at no
charge? **Contact Coral on**
07851958823 for further
information.

I.T. Support

Supporting people of any age,
disability or impairment to use
technology. **You can find details**
by clicking: abilitynet.org.uk/
[contact-us](http://abilitynet.org.uk/) or call [0800 269 545](tel:0800269545)

Thank you so much for all the
support from our Ambassadors
and volunteers- who are out
everyday looking after those in
need!

Support by CCAST

***Suffering from loss of job or
waiting for universal credit to
kick in?*** You can either: call
Mandy [CCAST] on 07708
583962, the local Social Service
office or via us at the Trust at
01862 857182.

Grant Funding

Together with Glenmorangie,
the Tain & District Development
Trust have set up a programme
to provide grants of up to £500
for initiatives in Ward 7. Those
applying need to show that their
project meets an urgent
community need, set up due to
COVID-19, and that the project
carries no financial benefits.

You can find details by clicking:
www.tainddtrust.com/covid-19



Useful Numbers

Government Updates: <https://www.gov.uk/coronavirus>

Highland Council COVID-19 Helpline: 0300 303 1362

NHS Helpline: 0800 028 2816

Just A Reminder...

Remember to **wash your hands** frequently,
maintain **social distancing** & you have a fever,
cough and difficulty breathing- seek medical
attention, stay at home and call NHS 111.